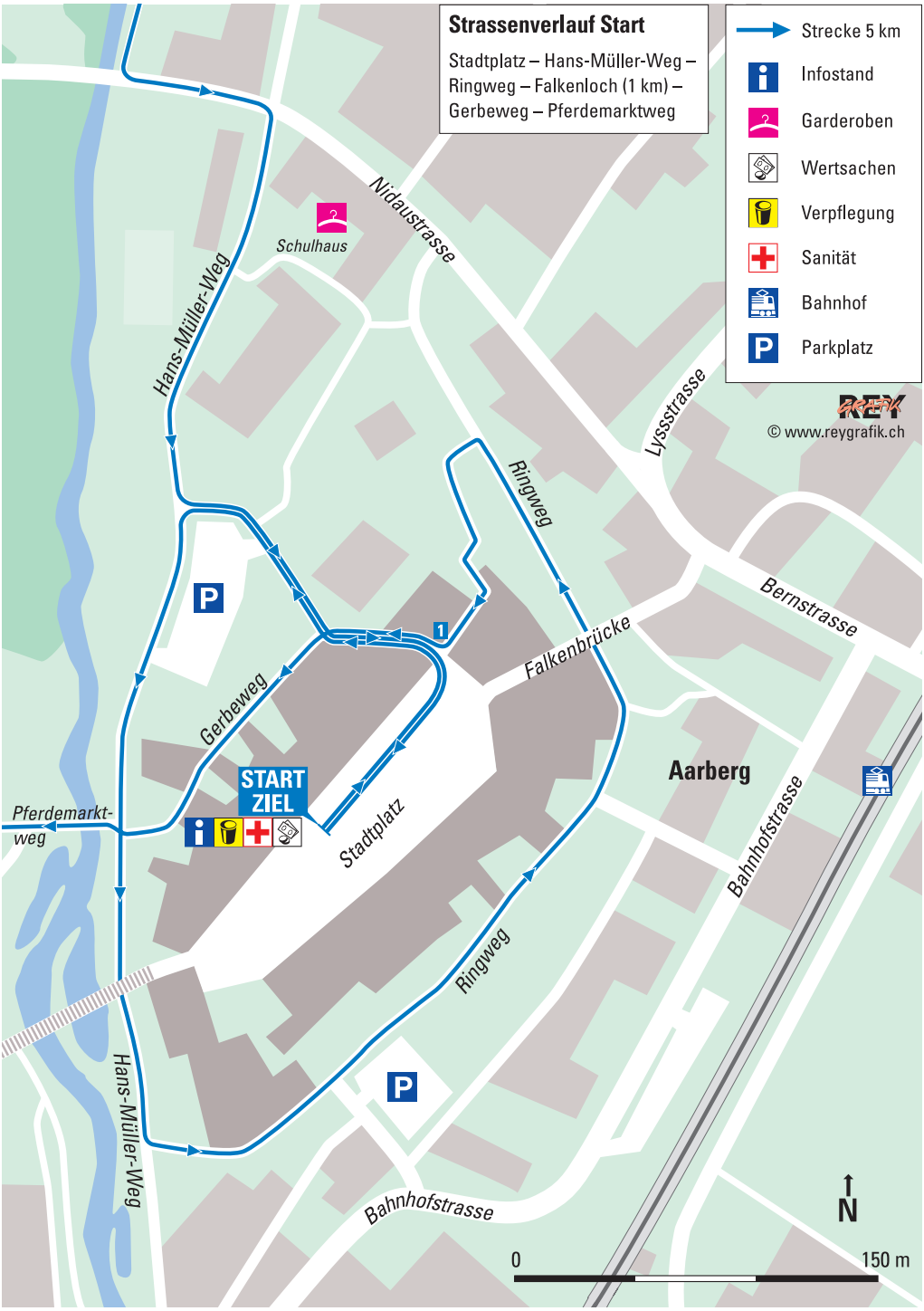Stedtlilouf Aarberg, Start/Ziel, Infrastruktur 5,0 km